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### **Press Release - Workshop on "Chronic Kidney Disease "**

Mesogeios Dialysis Centers raises the awareness of the general public and in particular patients that suffer from acute renal failure, regarding Chronic Kidney Disease (CKD) via targeted actions. In this context, the hemodialysis unit of Mesogeios in Halkida will organize an event with central theme "Chronic Kidney Disease" which will be held on Thursday, September 22, 2016 at 19:00 at the hall auditorium of the Centre of Regional Unity of Evia and broadcast live on Mesogeios Dialysis Centers YouTube channel. The event is open to the general public and will be supported by the Municipality of Halkida. Mr. Athanasios Alatas, Nephrologist, Dialysis Unit Manager of Halkida Hospital will deliver the welcome speech at the workshop and among the keynote speakers will be the nephrologists of Mesogeios Dialysis Center in Chalkida.

The workshop is centered around key issues, such as the early diagnosis and treatment of Chronic Kidney Disease. The aim of the event is to inform the general public in regard to the importance of the increased presence of chronic kidney disease, the individuals that constitute the "high risk" group for developing kidney failure, the care of elderly patients with Chronic Kidney Disease, as well as the prevention and proper management of the disease. According to official statistics, it is estimated that in Greece approximately 1,000,000 people or 10% of the total population are in stage 1 CKD. Most of the patients are not aware that they suffer from CKD and do not take measures to prevent further deterioration of their kidneys, since early CKD has no signs or symptoms. It is estimated that the number of people that suffer from end stage renal disease is increased annually by 2%, while in Greece approximately 11,000 kidney patients need hemodialysis to treat advanced and permanent kidney failure. During the workshop, Mesogeios Dialysis Center in Halkida will offer free lab tests to the participants in order to measure their Kidney function.

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